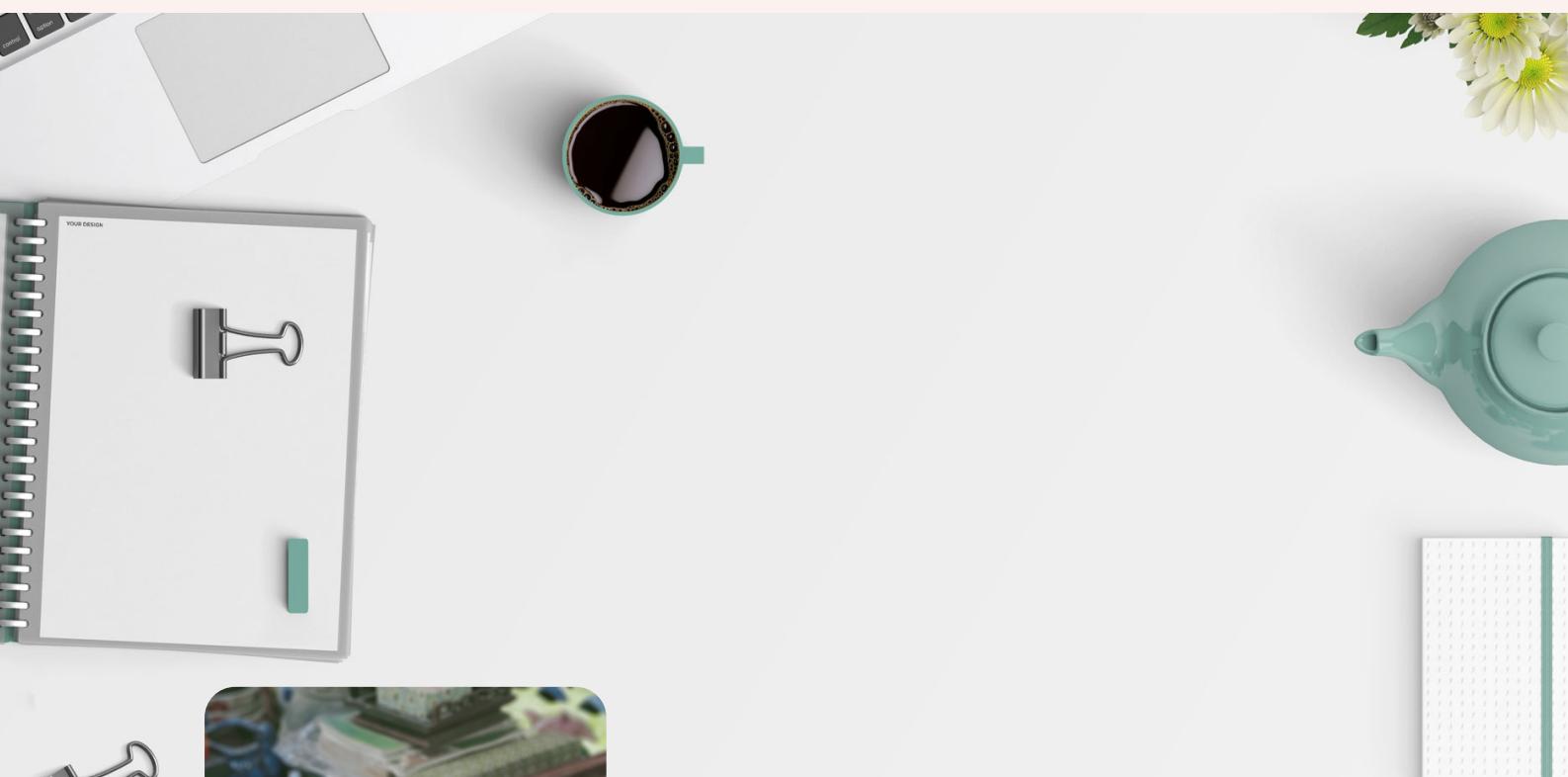


Newsletter i lekcja n.1

ANGIELSKI Z MISS INDEPENDENT



HOARDING

Do you collect too many things?
(B1/B2 level)

1. Vocabulary

a) Match the words to the definitions



1) to run away from		a) someone who collects things that they do not need
2) neat and tidy		b) a lazy, untidy, and often rude person
3) a neat freak		c) a feeling of being uncomfortable physically or mentally, or something that causes this
4) a pack rat		d) to leave a place or person secretly and suddenly
5) clutter		e) If something is _____, it will probably happen or is expected
6) to be likely to do something		f) to be the right size or shape for someone or something:
7) to clean up		g) in order, tidy, with everything in its place
8) to fit somebody		h) to wear clothes usually worn by a different gender; for example a man who sometimes wears the clothes, make-up, jewellery, etc. usually worn by women:
9) to rate		i) someone who likes things, especially their home, to be extremely tidy and clean, and who spends a lot of time cleaning
10) a slob		j) (a lot of objects in) a state of being untidy
11) to cross dress		k) a strong wish, especially one that is difficult or impossible to control
12) an urge		l) to make a person or place clean and tidy
13) to hoard		m) to judge the value or character of someone or something
14) discomfort		n) to collect large amounts of something and keep it for yourself, often in a secret place

1. Vocabulary



b) Use the vocabulary from ex 2a) and complete the sentences:

1	For me there could be nothing worse than living with _____ . I am a fan of minimal living.
2	He's a big fat _____ of a man - I can't stand him.
3	Mark and my sister are planning to _____ together to get married (2 words)
4	She felt an overwhelming _____ to tell someone about what had happened.
5	Many people wrongly assume that people who _____ are gay, but this isn't true (2 words)
6	You may feel a little _____ for a few days after the operation.
7	That jacket _____ you perfectly.
8	We'll go out as soon as I've _____ the kitchen (2 words, present perfect)
9	It's quite _____ that we'll be in Spain this time next year.
10	Sorry about the _____ in the kitchen.

2. Video

a) Watch the video and answer the questions:



1. The woman hoarded some men's shoes. The man says: "you're not likely to wear (them) unless you want to be:

- a. men's dressing
- b. cross dressing
- c. most dressing
- d. dressing up

2. The woman thinks that these should might be handy for _____

3. The woman puts the shoes in the bag and feels

- a. relieved
- b. serene
- c. elated
- d. panicky

4. Does the woman feel like she's ill? Why? Why not?

a. Yes,

b. No,

because _____

5. On a scale from 1 to 10, the woman says that at first the urge of wanting to take the shoes out is _____, then it is _____ (write the numbers).

6. What caused her stress level to drop so dramatically?

- a. focusing on the objects
- b. the therapist
- c. focusing on feelings
- d. the therapy

7. Work based on baby steps help the hoarders to change their _____

b) Post-viewing activity.

The doctor at the end of the video says:

"It's baby steps. And it's not that we're leading up to a big clean up. (...) (as a result) the clutter will eventually take care of itself."

How do you understand this sentence? Can we use it also in other social situations? Can you give examples?

Answers:
Ex 1a: 1d, 2g, 3i, 4a, 5j, 6e, 7l, 8f, 9m, 10b, 11h, 12k, 13n, 14c
Ex 1b: 1 pack rat, 2 slob, 3 get away, 4 urge, 5 cross dress, 6 discomfort, 7 fits 8 cleaned up, 9 likely 10 clutter
Ex 2a: 1b, 2 her friends, 3 d, 4 yes because she can't let go of the objects, 5 9, 6, 6c, 7 attachments